

CAREERS IN SOCIAL SCIENCE



*CAREER COUNSELLING
SERVICES*



INTRODUCTION

The information provided in this document was created by Louise Bernier and Martine Boudreault, the guidance counselors at Cégep Édouard-Montpetit, and translated and adapted by Marlene Canuel, the guidance counsellor at Champlain Regional College - Lennoxville.

Are you a student in the humanities or social sciences, or are you planning to enroll soon? Or wondering what direction you should take in this field? Are you curious about what to do after your DEC? What kind of tasks and work environments can you expect? Is there a future in this sector? Do you have the qualities needed to succeed.

The social sciences and humanities job market offers a wide range of opportunities often unrecognized. University training in this field prepares you for a wide variety of jobs, calling on the development of specific and a wide range of interests. How do you find your way in this diverse job market? How can prepare for these professions?

We invite you to reflect on your interests and skills. This document presents eight professional roles that distinguish the different fields in the humanities and social sciences. There is a summary table at the beginning of each section. For each role, you'll find the main professional fields that define them.



Section I

Helping and advising individuals on a personal and social level



The role of caregiver and counselor presented in this section are associated with psychological professions. This interest is important to understand people as individuals, and the desire to help them directly or indirectly.

Interests and skills:

- *Helping people with their personal and social problems*
- *Helping them to realize their potential*
- *Listen to and understand them.*
- *Advising them*
- *Observing them, helping them make decisions*
- *Evaluate them*
- *Keeping records*
- *Follow-up*

Subjects loved at school:

- *Psychology*
- *Sociology*
- *Biology*
- *Religious studies*

PROFESSIONAL FIELDS

CRIMINOLOGY, PSYCHOEDUCATION, PSYCHOLOGY, SEXOLOGY, PSYCHOTHERAPY, EDUCATIONAL AND CAREER GUIDANCE, SOCIAL SERVICE, THEOLOGY

[Explore programs here.](#)

Section 2

Teaching, educating, and re-educating



The role of teacher, educator or reeducator encompasses professions linked, as the names suggest, to regular education, adapted education, and rehabilitation. The main aim of these professionals is to help people to learn, with the aim of developing knowledge and skills, and fostering personal, social, and physical autonomy.

Interests and skills:

- *Help people develop their knowledge, skills, and independence*
- *Offer learning resources and activities*
- *Explain, educate, and prevent through instruction*
- *Screen, evaluate and intervene with people experiencing physical, behavioral, developmental adaptation and learning difficulties, or a disability*

Subjects loved at school:

- *Psychology*
- *Sociology*
- *Biology*
- *Learning techniques courses*

PROFESSIONAL FIELDS

TEACHING, PSYCHOEDUCATION, ORTHOPEDAGOGY, SPECIAL CARE EDUCATION

[Explore programs here](#)

Section 3

Animation and leisure

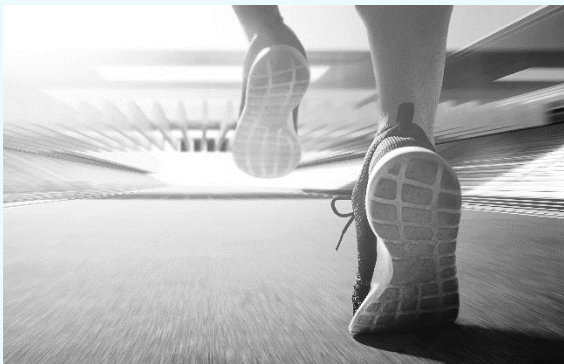
The role of entertainer described in this section calls on the various professions in the field of leisure and entertainment, but also on animation for educational and informative purposes. One of the main objectives is to encourage individual self-fulfillment by improving the personal environment.

Interests and skills:

- *Entertain and inform people*
- *Leading groups of people*
- *Organize activities*
- *Manage projects*
- *Communicate*
- *Manage groups*
- *Managing conflicts*

Subjects loved at school:

- *Physical education*
- *History*
- *Administration*
- *Arts*
- *Psychology*
- *Geography*
- *Languages*
- *Science of religions*
- *Sociology*



PROFESSIONAL FIELDS

*CULTURAL ACITIVIES, STUDENT, SOCIAL AND COMMUNITY
ACTIVITES, LEISURE, CULTURE AND TOURISM ACTIVITIES, SPORTS,
OUTDOOR AND HEALTH ACTIVITIES*

[Explore programs here](#)

Section 4

Communicate and inform

The roles associated with communications and information require the management and transmission to information with the aim of documenting it and enlightening individuals.

Interests and skills:

- *Communicate orally and in writing*
- *Entertain and inform people*
- *Educate*
- *Store and organize information*
- *Reading and writing*
- *Search for documents*
- *Analyze, criticize, synthesize, and communicate*
- *Present and distribute collections (e.g. Art)*



Subjects loved at school:

- *French*
- *Literature*
- *History*
- *Sociology*
- *Languages*
- *Psychology*
- *Arts*
- *Economics*
- *Marketing*
- *Politics*
- *English*

PROFESSIONAL FIELDS

CONSUMER SCIENCES, DOCUMENTATION, JOURNALISM, ADVERTISING, PUBLIC RELATIONS, COMMUNICATION

Explore programs in [communication](#), [languages](#), [administration](#), [expressive arts](#) or [human society](#)

Section 5

Defending and enforcing rights



This role is associated with the field of justice. Whether we're talking about individual rights or social and collective rights, these professionals defend them, explain them and ensure that they are respected.

Interests and skills:

- *Defending people*
- *Defending causes*
- *Communicating and explaining rights*
- *Argue and convince*
- *Doing research*
- *Reading and writing*
- *Have a sense of justice*
- *Analyze and synthesize situations*
- *Preventing or resolving conflicts*
- *Helping people reach amicable agreements*

Subjects loved at school:

- *Sociology*
- *Psychology*
- *Politics*
- *Law*
- *Administration*
- *Economics*

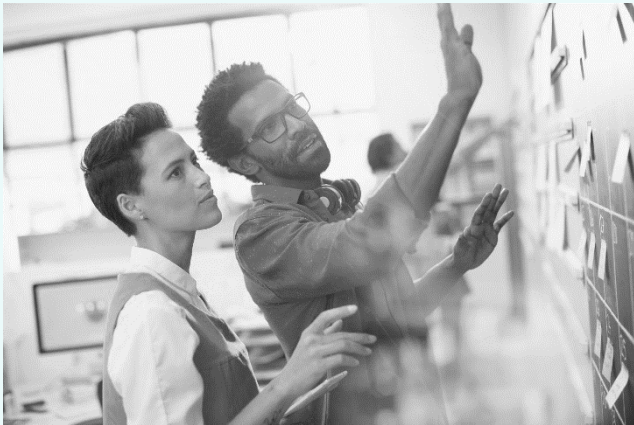
PROFESSIONAL FIELDS

LAW, NOTARY, CRIMINOLOGY, INDUSTRIAL RELATIONS, SOCIAL WORK

Explore programs in [law](#), [administration](#), [social work](#)

Section 6

Managing and organizing



This role refers to the broad field of administration. People who want to work in this role are interested in managing and organizations, making sure systems run smoothly and profitably. This field encompasses several specialties.

Interests and skills:

- *Communicate*
- *Have important responsibilities*
- *Making decisions*
- *Control situations and lead people*
- *Working for organizations*
- *Business contacts*
- *Expressing opinions*
- *Negotiating with people*
- *Calculate*
- *Managing and organizing*

Subjects loved at school:

- *Administration*
- *French*
- *Economics*
- *Politics*
- *Mathematics*
- *English*
- *Psychology*

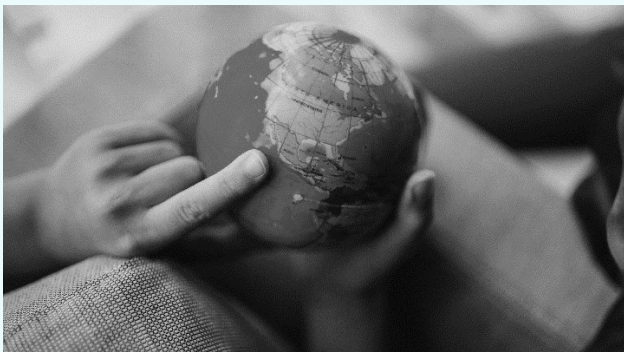
PROFESSIONAL FIELDS

ACCOUNTING, HUMAN RESOURCES MANAGEMENT, FINANCE, INDUSTRIAL RELATIONS, TOURISM AND HOSPITALITY MANAGEMENT, MANAGEMENT, MARKETING, ENTREPRENEURSHIP

[Explore programs in Administration](#)

Section 7

Understanding and explaining human phenomena and social situations



This role is for analysts, researchers, and observers. They are specialists in the social sciences who understand, predict, explain, and communicate social phenomena and events. The people working in one of these professions act as advisors to decision-makers. Their expertise contributes to the improvement and development of our society.

Interests and skills:

- *Reading and writing*
- *Do research*
- *Understand social situations*
- *Observe, analyze and explain phenomena*
- *Advising in a specialized field*
- *Influence social decisions*
- *Compile statistics*
- *Write reports*

Subjects loved at school:

- *Economics*
- *Geography*
- *Philosophy*
- *Statistics*
- *Politics*
- *Anthropology*
- *Religious studies*

PROFESSIONAL FIELDS

ANTHROPOLOGY, CRIMINOLOGY, DEMOGRAPHY, GEOGRAPHY, PHILOSOPHY, ECONOMICS, POLITICAL SCIENCE, SOCIOLOGY

[Explore programs in human society](#) and [criminology](#)

Section 8

Understanding situations, events and cultures through past experience



Their role is to study the past in order to better understand it, preserve its memory and explain the present. These experts are the thinkers, researchers and educators who enable a society to grow and evolve.

Interests and skills:

- *Reading and writing*
- *Research*
- *Reconstruct and explain situations and events*
- *Store and transmit information:*
 - *Analyze it*
 - *Understand it*
 - *Synthesize it*
 - *Explain it*

Subjects loved at school:

- *History*
- *Philosophy*
- *Ancient civilizations*
- *Literature*
- *Religious studies*
- *Anthropology*
- *Archaeology*

PROFESSIONAL FIELDS

ANTHROPOLOGY, HISTORY, PHILOSOPHY AND ARCHAEOLOGY

[Explore programs in human society](#)

ANNEXE

Where to find useful information?



- [Université Laval](#)
- [Université de Montréal](#)
- [École des Hautes Études Commerciales \(HEC\)](#)
- [École Polytechnique](#)
- [Université de Sherbrooke](#)
- [Université du Québec à Chicoutimi \(UQAC\)](#)
- [Université du Québec en Outaouais \(UQO\)](#)
- [Université du Québec à Rimouski \(UQAR\)](#)
- [Université du Québec à Montréal \(UQAM\)](#)
- [École de Technologie Supérieure \(ETS\)](#)
- [Université du Québec à Trois-Rivières \(UQTR\)](#)
- [Université du Québec en Abitibi-Témiscamingue \(UQAT\)](#)
- [McGill](#)
- [Concordia](#)
- [Bishop's](#)
- [Canadian Universities](#)
- [Ottawa University](#)

OTHER RESOURCES

[Career Counseling website](#)
[Mon emploi.com](#)
[Career Cruising](#)
[IMT en ligne](#)

Reference

Cégep Edouard Montpetit
Centre de documentation
virtuel

