

# SPORTS MEDICINE



[HORIZON PERFORMANCE](#) and Champlain College-Lennoxville have partnered in order to offer comprehensive athletic therapy while working with coaches and our partners to delivery premium care to our student-athletes. Our aim is to promote healthy athletes by specializing in injury prevention, immediate care of some injuries, and quick recuperation to get student-athletes back to health.

Our student-athletes will be able to receive treatment during their active sport season at the Sports Medicine Clinic at the John H. Price Sports Complex.

Athletes wishing to receive treatment must do so by appointment only. An online booking system will soon be available. Until then, student can email the sports medicine clinic at [sportsmedicine-lennox@crcmail.net](mailto:sportsmedicine-lennox@crcmail.net)

Treatment times are from 9 a.m. to 3:30 p.m. (Monday-Thursday) and 9:00 a.m. to 12:00 p.m. on Friday during the fall semester. Several therapists will be available during co-curricular (Tuesday & Thursday 12:30 to 2:00 p.m.).

\*Please note that these hours are subject to change on short notice owing to the uncertainly of the upcoming Athletic Season & COVID-19\*

[HORIZON PERFORMANCE](#) is a unique multidisciplinary clinic in Sherbrooke for athletes, children, adults, CNESST and SAAQ.

The range of services they offer:

*- Medicine - Physiotherapy - Massage therapy - Osteopathy - Dietetic/nutrition - Kinesiology - Occupational therapy - Chiropractic – Acupuncture*

Student-Athletes may also benefit from further paid treatments at the Horizon Performance clinic including:

- Prioritization with a health professional in the next 48 hours following the moment the appointment was taken at the Horizon Performance clinic.
- Insurance receipts will be issued.
- 10% reduction on regular rates at the Horizon Performance clinic.  
*\*Applicable on the rate in effect on the day of the appointment.*
- Access to our doctor for musculoskeletal problems with the presentation of the health insurance card.
- Post-treatment report to the coaching staff.

Employees of Champlain-College Lennoxville may also avail themselves of privileged access to [HORIZON PERFORMANCE](#):

- Prioritization with a health professional in the next 72 hours following the moment the appointment was taken at the Horizon Performance clinic.
- 10% reduction on regular rates at the Horizon Performance clinic.  
*\*Applicable on the rate in effect on the day of the appointment*  
*\*The employee will be asked to provide their employee number*

CONTACT

[sportsmedicine-lennox@crcmail.net](mailto:sportsmedicine-lennox@crcmail.net)

or ext. 2327 & 2329

For more information on the services offered by HORIZON PERFORMANCE, please call (819) 416-0473 or visit their website at [www.cliniquehorizonperformance.ca](http://www.cliniquehorizonperformance.ca).